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 @livenlearnuk

Inspirational wellbeing
workshops, webcasts &
resources to raise achievement
& close the attainment gap



LIVE-N-LEARN

For 15+ years, thousands of schools have trusted Live-N-Learn to deliver inspirational, impactful, fun & engaging workshops. With teachers stretched more than ever, we can partner with you, to save time, become a new face in school and reinforce vital messages at milestone moments. Let Live-N-Learn lend a hand.

To enhance our extensive series of **in-school workshops**, we now offer live virtual webcasts and pre-recorded video presentations, making our valuable resources more flexible & accessible for your school. Add this to our PSHE lesson plans, staff in-service training & parent seminars, we offer a truly sustainable approach.

Live-N-Learn focus on building **confidence**, raising **aspirations**, developing **resilience**, promoting personal responsibility and cultivating **growth mindsets**! We support all ages, delivering immersive events focused on **study skills**, health & wellbeing, employability, subject choices, the **attainment gap** & much more.

Our experienced team are here, willing and able to support health & wellbeing across your whole school community. This brochure summarises our programmes for pupils (5-19), parents & teachers, detailing the many benefits & additional resources designed specifically to meet your school requirements.

To discuss your objectives or arrange a face-to-face meeting with our team, please call **0333 2000 443** or email me direct scott@live-n-learn.co.uk.

Kind Regards

Scott Goddard
Director



SECONDARY WORKSHOPS (14-19)



MINDSET FOR EXAMS

Revision Skills:

Time management, 4-steps study process, mindset, distractions & grasping opportunities.



EXAMS PLUS

Enhanced Support:

Conditions for study, memory techniques, managing anxieties & marginal gains.



STEP UP

Post 16 Induction:

Independent learning, prioritisation, creativity, personal responsibility & improving work ethic.





SECONDARY WORKSHOPS (11-14)



MOMENTUM

Transition:

Resilience, drive, emotions, teamwork, attitude, our potential & judging others.



DIRECTION

Subject/Life Choices:

Decision making, managing conflict, confidence, mindset & employability.



POWER OF YET

Close the Gap:

3-part, evidenced target package to raise aspirations & close the attainment gap.

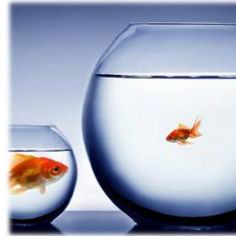


PRIMARY WORKSHOPS (5-11)



MINDSET MATTERS

Whole school assembly,
4 wellbeing workshops,
staff twilight, parent
seminar, lesson plans,
posters & mindset book.



BIG FISH LITTLE FISH

Upper primary
attainment gap / pupil
equity, 3 target events
delivered across the
school year.



HEALTHY LIVING

Whole school, physical
& emotional wellbeing
workshops on activity,
food, body image,
energy & peer pressure.





HEALTH & WELLBEING



WELLBEING WEBCASTS

PRIMARY (8-11)

6 hours of recorded webcasts & activities!
From £199 plus VAT



INVIGOR8

LOWER SECONDARY (11-14)

Choose from 8 themes,
3 x 1.5-hour workshops
£895 plus VAT



SIGNIFICANT 6

UPPER SECONDARY (14-19)

Progression not perfection,
2 x 2.5-hour workshops
£895 plus VAT





ADDITIONAL RESOURCES

Making an impact through our pupil experiences is a first step, we are a new face to your young people and our engaging, fun workshops are always very well received. Whilst we reaffirm school values in these new and exciting ways, it's vital we provide support to keep the momentum going, helping to embed our culture across all stakeholders. Below are just a few ways we invest in sustaining the impact of our workshops.

**READY TO USE
LESSON PLANS**

**INTERACTIVE
VOTING HANDSETS**

**STAFF CPD
IN-SERVICE**

**ENGAGEMENT
SURVEYS**

**INSPIRATIONAL
POSTERS & DISPLAYS**

 **LIVE PARENT
WEBCASTS** 

**PRE-RECORDED VIDEO
PRESENTATIONS**

**FOLLOW UP ONLINE
PORTAL RESOURCES**

**EVALUATIONS &
ATTITUDE SHIFT**

**ONLINE FAMILY
LEARNING EVENTS**

**WORKBOOK FOR
EVERY PUPIL**

**NEW VIP LOYALTY
BENEFITS COMING SOON**



CLOSING THE ATTAINMENT GAP

Live-N-Learn's progressive series of targeted programmes, raise aspirations and seek to achieve equity in educational outcomes by closing the poverty related attainment gap that exists between young people living in our most and least deprived areas.

We recently authorised an independent evaluation of our interventions, aiming to develop pupil confidence, build resilience and raise attainment. A summary of the 'evidence of impact' report can be found by scanning this QR code.



Power of Yet (11-14) comes with PSHE lesson plans, parent seminars and staff training. Your students will:

- Challenge assumptions about their own abilities
- Raise expectations of themselves & their capacity to improve
- See failure & struggle as vital components towards growth
- Increase their self-belief by grasping opportunities
- Learn to manage their emotions & overcome peer pressures
- Develop time management & prioritisation strategies
- Identify employability qualities and the connections between school & the workplace
- Build a true understanding of what it means to choose a 'Growth Mindset'
- Value effort & resilience over natural talent & learn not to expect immediate success
- Take personal responsibility to 'make it happen' for themselves
- Change attitudes to learning and see how efforts today, will improve their tomorrow

“Webcasts were fun and engaging. Presentation was bright, colourful and easy to follow. Pupils enjoyed interacting through the chat system and hearing their answers read aloud. The personal anecdotes got the pupils thinking about their own experiences and the workbooks were excellent.”

Mr McArthur, Teacher, Westfield Primary School



“At Leith Academy we have seen encouraging data on young people gaining improved outcomes... there are a great deal of factors that help us get to that, one of which certainly will be the input and close partnership we have with the Live-N-Learn team.”

Mike Irving, Head Teacher, Leith Academy

“I thoroughly enjoyed it... Both presenters were remarkably charismatic and knowledgeable about improving our general wellbeing. I picked up some really helpful strategies... it was a wonderful online experience; this is a feeling that my classmates and I share!”

Head Girl, Cambridge School, Romania



“For over a decade I have booked Live-N-Learn. Their presenters are superb, they consistently deliver very engaging, relevant workshops... Live-N-Learn have played a major contributing factor in improvement in GCSE outcomes. Feedback is always excellent.”

Nigel Whittle, Head of School Improvement, Fleetwood High School

“All of it was very beneficial! It made me think more positively about my schoolwork. I will be able to study more effectively & cope with stress... It was a great session. The instructors were encouraging, which made the experience so much better and enjoyable to listen to.”

Senior Pupil, Hamilton Grammar School



“Enormous thanks for the super workshops you provided for our young people, staff and parents. The feedback from all groups has been electric! The whole school was buzzing and you really made the work we have been doing come alive... the enthusiasm you create is infectious and gives staff a sense of positivity and refresh, which we all need at times.”

David Watson, Headteacher, Forehill Primary School 9



OUR VALUES

We believe that every individual has something valuable to offer and we try to stand by our set of values that affect the way in which we work. These allow us to offer the best possible products and services. It is our passion to inspire a culture of learning and growth, to build resilience and develop confidence.

Work Hard & Improve

We are at our happiest when we are researching, improving our workshops and developing new products.

Cutting Edge & Modern

Being current, relevant and technologically advanced is important to Live-N-Learn.

Honest & Reliable

We know our strengths and don't promise the earth if we don't think we can deliver on that promise.

Experienced & Down to Earth

Our people are passionate, straightforward and down-to-earth which is about being ourselves... no ego's here.

Daring to be Different

We strive to be different, offering a great balance of hard-hitting messages with a fun, authentic approach.

Cost Conscious

Quality must come first. You will find a cheaper option: *"Good cake isn't cheap, and cheap cake isn't good"*.

Trust & Personal Responsibility

Always focusing on creative ideas for improvement tends to inspire everyone to contribute to our development.

Togetherness

We are strongest when we trust each other, have fun together and pull in the same direction.



OUR TEAM

Our people make us great, and we are lucky to have a close team who work in partnership towards common goals, knowing that every one of us are on a journey of constant improvement. Contact us anytime!

As a team we try to grasp opportunities, embrace the 'growth mindset', by stretching ourselves, challenging each other, taking risks and looking for areas to learn & improve. For us, it's not "will I succeed, or will I fail?", it's far more "will this allow me to grow?". Growth and learning requires effort, we try to find inspiration in other people's success and aspire for higher levels of achievement.

As part of our growth, we anticipate the need to increase our capacity to deliver our inspirational programmes across the UK & Europe. If you would like to hear about upcoming opportunities to become a Live-N-Learn presenter, please register your interest by emailing careers@live-n-learn.co.uk.

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**YOUR MIND IS A GARDEN,
YOUR THOUGHTS ARE
THE SEEDS. YOU CAN
GROW FLOWERS OR YOU
CAN GROW WEEDS.**



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www.live-n-learn.co.uk

20 FREE



POSTERS