

20 FREE



POSTERS



**SENIOR PHASE
STUDY SUPPORT
2023/24**

**Inspirational
Revision Skills
Workshops**

0333 2000 443

Who are Live-N-Learn?

Over 75% of Scotland secondary schools have trust in **Live-N-Learn** to deliver inspirational, impactful, fun & engaging workshops to raise **achievement & attainment**. That's 276 schools who have chosen to regularly book our immersive events. In what feels like a flash, during these past 17 years, we've supported 2000+ schools inspiring more than 1 million young people across the UK & Europe.

Why book Live-N-Learn?

When we partner with your school, we save you time and ultimately become a new face who will reinforce vital messages & values at key milestone moments. Our clients recognise that Live-N-Learn input is not a silver bullet. We support your school culture, build momentum, help students find their 'why' and offer them meaningful practical strategies, enabling them to leave inspired and with a greater sense of purpose.



When is the ideal time to use our workshops?

Book our flagship '**Mindset for Exams**' for any time of year, to offer all S4-S6 a perfect mix of study skills, time management, revision techniques & motivation. With follow up revision events, S5 inductions and health & wellbeing sessions (*see A3 centre poster for content*). Workshops focus on **confidence, aspirations, resilience, personal responsibility and growth mindset!**

What makes our workshops unique & impactful?

- Delivered by qualified & experienced teachers
- Interactive voting handsets to engage learners
- Practical activities, music, gameshows, video clips & anecdotes
- Feedback captured with a self-reflective follow up exercise
- 12-page study support workbook for all learners
- QR code and password for student online follow up resources
- 14+ hours of 'ready to use' PSHE lessons
 - Optional staff twilight session
 - Pre-recorded webcasts for parents
 - 1-hour live parent workshops
 - Free custom baseline survey to measure attitude shift with school logo, QR code and data analysis
 - 40 x resilience/mindset posters (digital & A3 print)
 - All consultation & travel/accommodation included
 - Follow up workshops or live webcasts
 - Training for guidance staff on embedding lesson plans

How are events delivered? (format & costs)

Workshops ideally take place over double lessons with 30-50 students per group, 3 workshops per day (3 x 100 minutes).

Sessions are pitched appropriately for the time of year and are best delivered in a hall/library. **£895 plus VAT** including all resources.

For availability or a quote, email info@live-n-learn.co.uk or call **0333 2000 443** with number of students and preferred date.

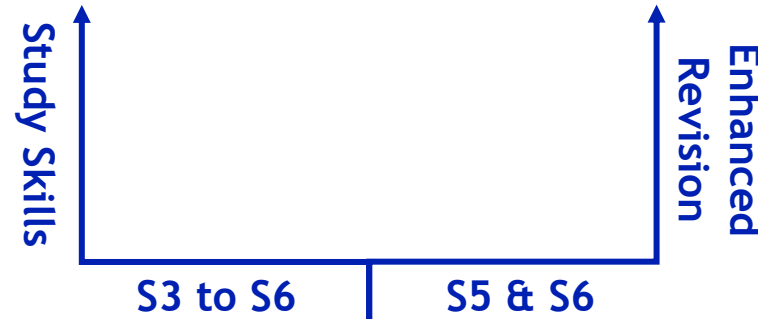
“Research has shown (and continues to show) that a growth mindset can have a profound effect on students' motivation, enabling them to focus on learning, persist more, learn more, and do better in school. Significantly, when students are taught a growth mindset, they begin to show more of these qualities.”

Dr Carol S Dweck



MINDSET FOR EXAMS

- Taking personal responsibility
- Time management & prioritisation
- Growth mindset & resilience
- 4-step study process & revision strategies
- Overcoming common distractions
- Grasping opportunities

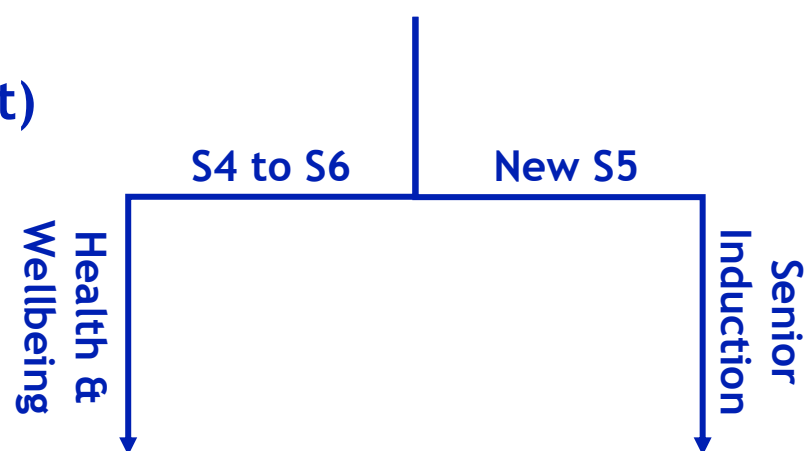


“Practice makes progress!”

- Taking control & being productive
- Marginal gains (incremental improvement)
- What is a winning attitude
- Developing good study behaviours
- Responding to feedback
- Resilience planning



0333 2000 443



EXAMS PLUS



- Self-talk & fear of failure
- Exam preparation & strategies
- Retention: The forgetting curve
- Conditions for effective study
- Managing anxieties
- Neuro plasticity

“Hard work beats talent, when talent doesn't work hard”

- Independent learning
- Recognising achievements
- Creativity & problem solving
- Confidence: Public speaking
- Natural talent & work ethic
- Role model: Getting involved



SIGNIFICANT 6



STEP UP



“Live-N-Learn’s study skills & growth mindset workshops have formed an integral part of our raising attainment strategy for many years. Their delivery is always highly engaging, inspiring & fun for our young people and their parents/carers... I look forward to welcoming Live-N-Learn back to my school again this session.”

Peter Bain, Headteacher, Oban High School, Argyll & Bute

“The workshop was very beneficial. I feel the best part was about changing our mindset, as a lot of teenagers (like me) deal with negativity. Your sessions made me feel seen. I will not see struggle as a failure, but as a step closer towards my goals. Thank you so much for your time!”

S5 Student, Hamilton Grammar School, South Lanarkshire



“We have seen encouraging data on young people gaining improved outcomes. There are a great deal of factors that help us get to that, one of which is certainly the input and close partnership we have with the Live-N-Learn team.”

Mike Irving, Head Teacher, Leith Academy, Edinburgh

“Thank you to the Live-N-Learn team for delivering Study Skills Webcasts during the Easter break. The sessions were inspiring and offered lots of meaningful content being delivered in a fun & engaging way.”

Steven Graham, Head of School, e-Sgoil



“I’ve partnered with the Live-N-Learn team every year for the past decade. Their workshops are thought provoking, immersive experiences that young people engage with. Sessions are flexible to work around our timetable, they build momentum and reinforce our school values. Feedback has always been excellent!”

George Webb, Headteacher, Douglas Ewart High School, D&G

info@live-n-learn.co.uk