



# STUDYING

## HOW TO MAKE IT HAPPEN

### 4 EASY STEPS...

## UNDERSTAND

Take the time to think about what you're trying to grasp. How does it relate to you? Are you listening in class? If you don't get it yet, then ask for help.

## CONDENSE

It's not possible to remember everything. Make it smaller and more manageable with **coloured** notes, mind maps or post it notes to organise key points.

## MEMORISE

Rather than just rereading your notes, make things more memorable by using your imagination with funny stories, rhymes or songs that help you relate to the topic.

## REVIEW

Break the forgetting curve! Make time to come back and review after a day, then a week and a month to help it stick in your long term memory. Test yourself or ask someone to test you, don't let all your hard work drain away.

**Activity:** Circle the methods below that you already use. Then for each of the 4 steps in the table, write down a couple of new strategies you might try.

Make up an acronym  
Turn up to class  
Create a mind map  
Make it smaller  
Use coloured pens  
Make it personal  
Make up a song

Make flash cards  
Teach others  
Google it  
Use post it notes  
Redraw my mind map  
Think it through  
Make up a story

Revision classes  
Do a past paper question  
Ask questions in class  
Repeat your mnemonics  
Ask my friend to test me  
Use your flash cards  
Ask my teacher for help

Understand	Condense	Memorise	Review